If you’ve been diagnosed with IPF, your doctor will likely use tests to track how the disease progresses over time. Knowing how your condition is changing over time can help you and your doctor make informed treatment decisions.

You can find a list below of some of the tests your doctor may use. Note that this is just for your information. Your doctor may not use all of these. They may even employ tests not listed here.

Medical Tests Used to Track the Progression of IPF

- **High-Resolution Computerized Tomography (HRCT) Scan of the Lungs**
  - Offers a detailed lung image to help your physician see how scarring of the lungs has progressed.

- **Lung Function Test**
  - Used to measure how much air you can blow out of your lungs. The amount of air will likely decrease as IPF progresses.

- **Pulse Oximetry**
  - Involves the use of a small sensor placed on your fingertip or earlobe. It uses light to measure the amount of oxygen in your blood.

- **Exercise Tests**
  - Exercise tests, like walking for a few minutes, are used to measure how your lungs move oxygen in and out of your bloodstream while you exercise.
Looking to learn about an FDA-approved treatment for IPF?

Find out more

You can also take part in tracking your IPF by keeping a record of your symptoms over time. Use our Symptom Tracker to document how you’re feeling each day to be shared with your doctor.